



DATES AT A GLANCE

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| Sept 26/27 | Rosh Hashanah |
| Oct. 1/2 | Ontario Universities' Fair |
| Oct. 1 | Women's History Month |
| Oct. 1 | Mental Illness Awareness Week |
| Oct. 1 | 2SLGBTQ+ History Month |
| Oct. 4 | ECSS Club's Fair |
| Oct. 5 | Yom Kippur(DD) |
| Oct. 6 | Terry Fox Event (9:45 a.m.) |
| Oct. 10 - Oct. 16 | Sukkot (FD) |
| Oct. 10 | Thanksgiving Day - No School |
| Oct. 11 | Grade 9 Thundercamp |
| Oct. 12 | Photo Retake Day |
| Oct. 19 | Interim Reports e-Distributed Ontario College Information Fair |

MESSAGE FROM THE PRINCIPAL

Families who have not yet completed the online Start-Up Forms are kindly asked to visit <https://startupforms.yrdsb.ca/>. If you prefer to complete the forms on paper or have questions about the information on the forms, please contact ECSS directly. Similarly, please access <https://www2.yrdsb.ca/family-resources> for resources on how you can engage in your child's learning, what your child is learning at school as well as how you can connect with the YRDSB if you have a question or concern.

TEACHASSIST ACCESS

You can access your child's teachassist account by visiting [teachassist](#). For one-time access or to reset your password, please fill in the e-mail Address field, click on the **continue** button, and check your e-mail for further instructions. Only e-mail addresses confirmed with the school will have access to **teachassist**.

Parent Portal

For parents of students in the YRDSB.

Please log in with your credentials.

E-Mail Address:

Password

continue

BUSING AT EMILY CARR

We have had some families reach out regarding late arriving and departing school buses. We have been reaching out to Landmark Bus Lines directly. We hope the current issues are temporary and improvements will soon be seen.

GOOD NEIGHBOUR RELATIONSHIPS

The students of E.C.S.S. have a shared responsibility with our community partners to ensure an inviting and clean environment for our neighbours and our community. Students are asked to respect the property and privacy of our neighbours. Although the Al Palladini Community Center, the Pierre Berton Resource Library and the Business establishments at the Plaza are public facilities, they are to be treated as private property by our students. Students are not to loiter in, or near, these establishments. To be inside Al Palladini Community Center, students must have a Community Center membership and they must be participating in community activities. We are proud of our students as they are ECSS ambassadors wherever they go in the community.

GRADE 9'S THUNDER CAMP

At ECSS we feel it is essential to focus a day for our grade 9 students with a planned day trip to Cedar Glen on Tuesday October 11th, 2022. Our SWAT Mentors will also be joining our grade 9 students on this day. Our focus is to make our students feel a sense of belonging and creating unity as Emily Carr students. The cost for this trip will be \$55.00, lunch will be provided and you will be able to identify any dietary restrictions when paying through [School CashOnline](#).

ECSS GRADE 8 OPEN HOUSE

Our ECSS Grade 8 Open House will be taking place on **Wednesday, December 7, 2022** at 6:00 p.m. We hope all grade 8 families are able to attend.



SCHOOL COUNCIL

emily.carr.ss@sc.yrdsb.ca

Meeting Dates:

Monday, Nov. 21, 2022

Tuesday Feb. 21, 2023

Wednesday, Apr. 19, 2023

ATTENDANCE email:

emilycarrss.attendance@yrdsb.ca

SCHOOL email:

emily.carr.ss@yrdsb.ca

HELPFUL LINKS:

[ECSS Website](#)

[YRDSB Website](#)

[ECSS Twitter](#)

[ECSS Calendar](#)

[ECSS Instagram](#)

[York Region Public Health](#)

[Tips For Speaking With Your Child - COVID-19](#)

[Mental Health Supports](#)

[School Mental Health Ontario](#)

STUDENT ENGAGEMENT FEE

The Student Engagement Fee serves to engage students in the broader school community by providing a wide range of opportunities that occur before school, at lunch, and after school. Monies collected cover or subsidize costs of events and activities that build school spirit and enrich the learning experience beyond the classroom and the designated subject curriculum. Sports teams, clubs, and groups benefit from the school activity fee as they receive an allocation of funds based on the overall student population. This subsidy allows for a reduction of costs which in many instances contributes to the overall viability of the event or activity.



Your support of the Student Engagement Fee is needed in order for us to continue to be able to provide a vast array of opportunities that respond to the diverse interests of our school community. The Student Engagement Fee can be paid for on [School CashOnline](#).

2021-2022 YEARBOOKS

Last year's yearbooks are ready for pick-up in the main office.

CONTINUING EDUCATION

Please refer to the attachment for Semester 1 Continuing Education offerings.

POTENTIAL GRADUATES

Potential Graduates will be sent an invitation to the **2022/2023 ECSS Potential Graduates Google Classroom**. This classroom includes information related to graduation requirements, post-secondary pathways and deadlines, the application process, financial planning and scholarships, scheduling guidance appointments, wellness tips, webinars, and much more!

Students are encouraged to explore this Google classroom regularly as information is constantly updated. We look forward to helping support our students on this exciting new journey!

SUPPORTING STUDENTS WITH PREVALENT MEDICAL CONDITIONS

Fillable Health Care forms are now available for families who have children with asthma, seizure disorders, anaphylaxis, diabetes, and/or other prevalent medical conditions. This also applies to children who require the administration of medication at school. These forms can be accessed through the links below and/or a paper copy can also be requested from your child's school principal.

Emily Carr Secondary School

Phone: (905) 850-5012, (647) 795-7712

Email: emily.carr.ss@yrdsb.ca

Principal

Tanya-Lynn Paul Tanya-Lynn.Paul@yrdsb.ca

Vice-Principals

Themi Drekolias themistocles.drekolias@yrdsb.ca (A-L)

Paula Borges paula.borges@yrdsb.ca (M-Z)



[Anaphylaxis Health Care Plan](#)
[Asthma Health Care Plan](#)
[Diabetes Health Care Plan](#)

[Epilepsy Health Care Plan](#)
[Self Administration Of Medication](#)
[Staff Administration Of Medication](#)

Once you've completed the appropriate Health Care Plan, please return it WITH the appropriate medication to school with your child. The form and medication can be placed in a sealable bag, with the student name marked on the bag and left at the office. Families can also return the form using the secure file transfer system as sensitive, private data need to be protected. Directions for how to use the secure file transfer system are linked below.

[YRDSB Secure File Transfer Remote User Documentation](#)
[YRDSB Secure File Transfer User Documentation](#)



Student Mental Health and Addictions Newsletter

September 2022

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Supporting a Mentally Healthy School Start

Dear Families, caregivers and beyond,

Welcome to the 2022-2023 school year. We are happy to see all of you! We acknowledge that many different feelings and emotions accompany the start of a new school year for students, parents, educators, and the communities that support them. From excitement to nervousness, anxiety to joy and everything in between. Whatever feelings and emotions accompany your child(ren) or family, know they are valid, important and okay.

Our September Student Mental Health and Addictions Newsletter focuses on a mentally healthy start to the school year. A mentally healthy start to the school year may encompass something different for each child and family, honouring that we all experience and support our mental health and well-being differently.

[School Mental Health Ontario](#) invites parents and caregivers to consider the following tips to support a [Mentally Healthy Back to School](#). Whether your child(ren) is attending virtually or in person, the following tips may be helpful.

1. Take care of yourself, so you can be your best to support your child(ren)

Do [One Small Thing](#) each day that brings you joy and helps you to feel well and happy. Taking care of your health and well-being is a powerful tool to support your child(ren) and model how to support and maintain positive Mental Health.

2. Talk to your child about how school is going

Ongoing conversations about school, individual classes and the overall school experience are important. How a child feels on the first day of school may differ from how they feel on the 30th or 100th. Encouraging children to share their experiences

creates opportunities for them to share moments of joy and accomplishments. As well as any challenges they may be experiencing.

These prompts may help start or continue the conversation:

- What is something(s) you hope to do during the school year or feel excited about?
- What is something(s) that brings you joy at school?
- Have you had experiences that make you feel unhappy or uncomfortable at school?
- Is there anything you feel worried or anxious about?
- Do you feel supported at school?
- Is there anything I can do to help you feel more confident, comfortable and supported at school?

3. Pay attention to stress levels

We each manage and respond to stress differently. What signs do you notice when your child(ren) is stressed? Pay attention to these signs and support your child(ren) in using healthy responses and coping tools to manage stress. Try these activities from [School Mental Health Ontario](#) at home to help your child(ren) learn to understand and manage stress.

4. Empower your child to self-advocate

Children spend most of their waking hours at school. School needs to be a place where they find comfort and joy beyond learning. At times this is not always the case. It is important that young people know where to turn and what they need in challenging moments or situations. Exploring the following questions with your child may help build self-advocacy skills that can aid them throughout the school year and beyond:

- What helps you feel relaxed and calm in stressful or challenging situations & how do you ask for these things?
- What do you need to be successful this school year, in a particular class or situation?
- Who are your caring people (adults and friends) at school, home, and community?
- Who do you turn to when you are feeling stressed or need help?
- How do you ask for help/ support?

For some children, it may be important to practice how to ask for help so that they build confidence and comfort around help-seeking when needed. Let children know that [There's No Problem Too Big Or Too Small](#) to reach out and ask for help.

When students feel supported and cared for by those around them, it can allow them to open up to new opportunities and learning. We are better together. Looking forward to a year of learning, discovery, and joy alongside you.

Additional Resources:

[YRDSB Mental Health Resource Page](#)
[Child Mental Health Resources In York Region](#)
[SMHO Parent/Family Page](#)

Upcoming External Workshops:

[Understanding ASD Learning Styles and Effective Teaching Strategies](#)
[Calming Stormy Waters](#)
[Mindful Compassion](#)

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account [@YRDSB](#)

Follow YRDSB Mental Health on Twitter [@MH_YRDSB](#)

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DO YOU NEED HELP WITH RENT, MORTGAGE OR UTILITY PAYMENTS?



We may be able to help you pay for rent and utilities arrears, moving costs and mortgage payment arrears. **These programs are available to eligible York Region residents:**



HOMELESSNESS PREVENTION PROGRAM

If you live in York Region and do not receive assistance from the Ontario Disability Support Program or Ontario Works, you may be eligible for the Homelessness Prevention Program.



HOUSING STABILITY PROGRAM

The Housing Stability Program is for people who are receiving Ontario Works or Ontario Disability Support (ODSP) benefits.

HOW TO APPLY:

To apply, please contact York Region's Access York contact centre.

1-877-464-9675

TTY 1-866-512-6228

accessyork@york.ca

In-person service:

York Region Administrative Centre

17250 Yonge Street, 1st Floor

Newmarket, ON

” YOUTH SERVICES



Thursday Oct 6
5 PM - 6 PM

Post-Secondary Education 101

Join us for a virtual workshop. Learn about the post-secondary application process, important deadlines, financial assistance, school open houses and more!

MUST BE ELIGIBLE TO JOIN!

FOR MORE INFORMATION
ON HOW TO JOIN PLEASE
CONTACT:



416-261-4901 ext 3248



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Online delivery through Zoom



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